

Issue 47
March — April 2024



West Row Parish Echo



Useful Information

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- **Printed By: riverside-print.com**

NEXT ISSUE: Published May 2024

Dates for your Diary

If there is anything you would like included here for future issues: contact Helen Webber

T: 01638 712058 Email: helen.webber60@gmail.com

March 2024

Tuesday 5th	Light Lunch St Peter's Church Hall
Sunday 10th	Family Service at Baptist Chapel 11.45
Tuesday 19th	Community Lunch Baptist Chapel 12.30
Saturday 23rd	Bingo West Row Bowls Club
Friday 29th	Good Friday Service Baptist Chapel 6.30
Friday 29th	Fish and Chip Lunch 12.30 p.m.
Sunday 31st	Easter Morning Service Baptist Chapel 11.45
Sunday 31st	Easter Evening Service Baptist Chapel 6.30

April 2024

Tuesday 16th	Community Lunch Baptist Chapel 12.30
Friday 26th	Fish and Chip Lunch
Saturday 27th	Bingo West Row Bowls Club

Our deadline for

Issue 48

May/June 2024 is: 15th April 2024

Please email Helen Webber at
helen.webber60@gmail.com

Anything received after this date may be included in the next issue

Useful Phone Numbers

♦ Emergency for Police, Fire, Ambulance	999
♦ Police (Non-emergency)	101
♦ A & E (Addenbrooke's)	01223 217118
♦ Addenbrooke's Hospital (Cambridge)	01223 805000
♦ Newmarket Hospital	01638 558400
♦ West Suffolk Hospital (Bury St Eds)	01284 713000
♦ The Market Cross Surgery- Mildenhall	
Appointments	01638 713109
Prescriptions	01638 713213
♦ Reynards Surgery—Red Lodge	
Appointments	01638 552211
Prescriptions	01638 552211
♦ Electricity Emergencies—Power Cut	105
♦ Electricity Potential Hazards	0800 404090
♦ Anglian Water Leaks	0800 771881
- 24 hour line	0345 7145145
♦ Social Services—office hours	0800 911109
- out of hours emergency	0800 8004005
♦ Refuse Collection	01284 757320
♦ RSPCA Suffolk	0300 9997321
♦ Citizens Advice	0808 2787868
♦ Mildenhall Hub	01284 757473
♦ RAF Mildenhall	01638 545555

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Alan Fisher	Vice Chair
Michael J Peachey	
Teressa Gooch Taylor-Balls	
June Goodenough	
Alan Goodenough	
Lisa Doyle	
Martin Connery	
Sally Knight	
Sharon Vale	Parish Clerk

Contact details: Westrowpc@gmail.com

West Suffolk District Councillors

Mick (Michael) Bradshaw
 Don (Donald) Waldron

The Parish Echo editorial team takes no responsibility for endorsements of, or statements made in published adverts which are accepted in good faith. However, we reserve the right to refuse any advertisement, article, or item that we feel is considered inappropriate for publication.

A note from the EDITOR

Welcome to the second edition of the 2024 West Row Echo. It is pleasing to see some new contributors and there are many articles of interest to look out for.

On page 11, the Parish Council report contains information about the forthcoming D-Day anniversary and the MacRobertson Air race and how children can become involved.

Do you know someone who may benefit from attending Rich's Man Club? See page 12 for further information.

Are you mathematically minded? Try new contributor, Lucy Rycroft-Smith's puzzle on page 18.

The report from Mildenhall Museum is worth a read and you may want to help in some way. See page 22.

Thanks to those of you who support the ECHO 100 Club. It is hoped more residents will support this as it raises valuable funds to help defray printing costs. Please see page 7 for information.

Lastly, my thanks go to those businesses who pay to advertise in the ECHO. Your support is of paramount importance in enabling the magazine to be produced.

Wishing you all a healthy and prosperous 2024.

Peter Rolfe

Contents

Page 1	Front Cover
Page 2	Information Page
Page 3	Editorial and Contents
Page 4/5	Adverts
Page 6	Village Hall
Page 7	Social Events/Adverts
Page 8/9	Adverts
Page 10	Council/Community News
Page 11	Parish News
Page 12	Down the Shed
Page 13/14	Adverts
Page 15	Bowls Club News
Page 16	Around the Allotments
Page 17	St Peters Church
Page 18	Maths Quiz
Page 19	Adverts
Page 20	Baptist Chapel
Page 21	Social Events/Flyers
Page 22	Mildenhall Museum
Page 23	Spring Quiz
Page 24	Poppy Project

Winter Quiz answers

1. Pussycat Dolls. 2. Bonnie Tyler. 3. George Ezra. 4. Ariana Grande. 5. Elbow. 6. Pink. 7. Madness. 8. Bob Marley. 9. Fleetwood Mac. 10. Pet Shop Boys. 11. Sister Sledge. 12. ABBA. 13. Taylor Swift. 14. Swinging Blue Jeans. 15. Adam and the Ants. 16. Status Quo. 17. Dizzy Rascal. 18. Destiny's Child. 19. Boney M. 20. Radiohead

A record 24 entries were received with 13 people having all the correct answers.

The winner, drawn independently by lot, was Stella & Jon Bellamy, Beeches Road, West Row.

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<https://www.mildenhall.af.mil/About-Us/Fact-Sheets/Display/Article/759963/civilian-personnel-start-your-job-search-here/>

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Vicki Butler – 01638 716924 or 07704 693706

Or visit the website westrowvillagehall.co.uk or visit us on Facebook

West Row Village Hall offers a range of sports, exercise classes and community gatherings:

Mon: 4.30-7.30pm: PWL Acro & Gymnastic Club for children of all ages. Call Sophie on 07510 611231

Tues: 7-8pm: Pilates with Karen Peachey-Gallagher. Aimed at men & women of all ages & abilities. Just turn up with a mat! Contact Karen on 07554119550 for more details

**Weds: 6am-7am Bootcamp Fitness with Amber – behind the village hall. £7 payg
Contact Amber on 07823330201**

**10-12 noon: NEW Toddler Group. Pay as you go £5 per child (inc. drink & biscuits)
Contact Kirsty 07538 637758**

**Thurs: 6-6.45pm: Step Aerobics Class – open to all ages. All equipment provided.
Booking essential. Call Karen Peachey-Gallagher on 07554 119550**

**Fri: 6am-7am Bootcamp Fitness with Amber – behind the village hall
Mob: 07823330201**

**Fri: 12.30pm (2nd & last Friday of each month): Fish n Chip Lunch. Contact Roz Hamill
rosalind_hamill@yahoo.co.uk or Mob: 07887 668145**

**Fri: 5.30-7.30pm Martial Arts Training with Darren Hart. Children & Adults welcome.
Contact Darren on 07717 886917**

Hall fees: £15 per hour (residents of parish)

£18 per hour – non residents

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Wattisham

18th May 2024

7pm

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100 Club News

REMINDER - That your annual subscription is due for the 100 Club.

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District Councillor Mick Bradshaw
Mick.bradshaw@westsuffolk.gov.uk



District Councillor Don Waldron
Don.waldron@westsuffolk.gov.uk



Colin Noble
Suffolk County Council Councillor for Row Heath
Division
Tel : 07545 423795
Email; colin.noble@suffolk.gov.uk
See report below



Youth Worker/Director and Researcher
Jordan Millward BSC, MSC
Call 07771 621038
Email: jkmillward@askjordon.co.uk
See report below

From Jordan Millward—Youth Worker/Director and Researcher



Dear Resident,

This month, I want to draw your attention to the challenges facing students across Suffolk. Many of you may already have experienced the challenges of getting the resources you need so your child can get what they need to succeed in their education. First of all, many of you may be asking what exactly the support is available for your child. This will largely depend on whether they have something known as an EHCP (Education Health Care Plan). This form of assessment identifies a student's learning support needs and evaluates them from the perspective of if they have any differences from their peers. If they are found to require an EHCP or learning resource tools, then this will help them both with minor changes to meet learning differences such as dyspraxia, dyslexia, or dyscalculia, as well as more significant differences. This support is to help your child get what they need to effectively learn in mainstream education, and as someone with dyspraxia, I can honestly say that whether a need is identified in school or later in their life, the support is there from school through to university.

The challenge facing parents, however, is there is a lack of funding or support in place for students to be able to get diagnosed via an EHCP assessment, and the process can take a considerable amount of time. If your child is starting to find education a challenge in any way, applying for an EHCP is essential to help start the process and minimise the impact on their education. This is funded through the county council, and more funding for assessments would reduce the backlog affecting many students in various schools. This would then allow further support for students so their needs are met and potentially avoid them facing a disruption to their education in the first place.

However, another challenge to students is the lack of alternative education outside of this. Now, as a teacher and governor, there are various reasons a child may need alternative provisions, but the lack of these facilities in Suffolk causes students and parents to be at a loss of just how they can ensure their child gets the education they need. Some of these provisions, such as Innov8, offer practical skills to help mentor students, but without robust funding for these types of services, many children may not have access to a place.

As someone who worked across the educational field, I'm mindful that not all parents and guardians will know what they can access or what some of the terms used are. So, if you have any areas about SEND provisions generally or for your child, I am happy to discuss this with you.

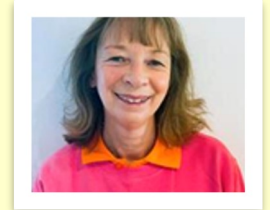
Please email Jordan.millward@icloud.com



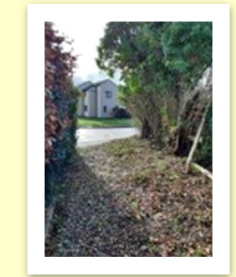
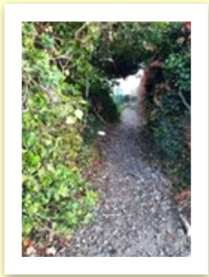
Parish Update – March — April 2024

WE ARE ALREADY well into 2024 with so many plans to celebrate throughout this year and also planning for next year too!

FIRST we are very happy to announce our Parish Vacancy has been filled by Sally Knight who has lived in the village for a short while but was immediately bowled over (literally) by the community spirit shown throughout the various events we showcase. Sally's background is in education and her skills will enhance the diverse makeup of our Parish Council. Sally is a member of the West Row Bowls Club. Welcome Sally.



PUBLIC FOOTPATH: You may have seen on Facebook, the opening up of a much-neglected Public Footpath which runs from the corner of Church Road/Cricks Road and Eldo Road. The entrance was dark, dank, scary and vastly overgrown, causing only the faint-hearted to attempt navigation. BUT—thanks to some Parish Councillors and Volunteers, this has now been cut back, leaving a safe and accessible route to Chapel Road. Thanks go to Cllrs Alan Goodenough, Martin Connery, Lisa Doyle and Alan Fisher. Thanks also to Volunteers Kevin Peachey, Gaynor Fisher and Paul Hamill. They brought their own tools and were unpaid, but got the job done in record time. Not 2 weeks, not even two hours. Team Work.



CELEBRATIONS: are underway for several events coming up:-

D-Day: On 6th June, the parish will hold a recognition of the 80th Anniversary of the 1944 Normandy landings, referred to as D-Day. A short service will be held at the Parish War Memorial, 11 a.m. Also the Church Hall will hold an exhibition of artefacts, photographs and memorabilia to commence this historic events. If any residents has items they could lend for that day, please contact Sharon, Parish Clerk or any Councillor. Do you have memories of that time? War diaries and photographs keenly sort.

The MacRobertson Air Race: On the 20th October 1934 aircraft flew from RAF Mildenhall to Melbourne, Australia, approximately 11,300 miles (18,200km). For children to appreciate the enormous distance travelled, they are being encouraged to participate in daily activities between 1st March and 30th September, clocking up their (air) miles by either walking, running or cycling, Every step counts. Why not help them achieve their goal? Contact WRA or Pre-School for further details. (NOTE: The housing estate on the left just before you enter Mildenhall have roads all named after the aircraft which took part. An information board is sited on Douglas Play Park, View history of the race on YouTube (skip the intro advert)



<https://www.youtube.com/watch?v=wIVIRICoBJo>

RAF Mildenhall: Celebrates its 90th birthday this year and any event in the local area is being encouraged to adopt the 1930s theme. Also check out the moving history of the "Bloody 100" Bomber Command on the Apple+ film "Masters of the Air". Councillors were invited to the premier viewing of this very moving film produced by Tom Hanks, et al.

Poppies: See back page for details of this Parish Project.

Annual Litter Pick: Yes, it will soon be that time of the year again., **Saturday 6th April**, 10a.m. at the Playing Fields Car Park. Please come suitably dressed for the weather. One year a lucky volunteer found a £10 note!!! Empty cans and wheel hub caps are more frequent though.

This is also a good opportunity to thank the many unsung heroes who frequently go out and litter pick of their own accord. Tidying our verges and public paths, etc. Fantastic community spirit. Remember the old slogan. "Love the place you live" And you do!

Thanks to the volunteers who lend a hand when needed—you are all valuable assets to our community, making it better and stronger.

Remember, if you have ideas on what the Parish should be doing, we meet on the third Wednesday of each month, 7 p.m. in the Church Hall. All welcome to attend to just listen or bring your concerns to the Parish and District Councillors' attention. If you'd like clarification on anything the PC is involved in, just come along and ask.

Rosalind Hamill, Chair

DOWN THE SHED Mar — Apr 2024

theshedcharity@gmail.com



Bit of a slow couple of months

with the weather dictating what and how much we can achieve. But the dedicated troopers turned out despite the cold and rain.



Storage Shed: (before) Michael has just about completed the storage shed part 1 and is now working on shed 2.



After

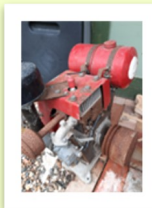
Thanks: A huge Thank You to Hallmark Event Hire (<https://www.hallmarkeventhire.co.uk/contact>) who loaned the Dr. Who Tardis Porta



Loo from the day we started. Without their generous charitable support, we could not have encouraged volunteers to stay (and work) for the hours they did. No rushing back home when nature called. Not that it was over-used, but there if needed.

Contact Hallmark if you have an event or project: Ryeland Farm, Wilde

Street, Beck Row, Suffolk. IP28 8BT. Highly recommended and they will always have our eternal thanks for helping when needed.



Villiers Petrol Engine: Available if anyone is interested.

Rich's Man Club:

Have you seen the new group on Facebook? Richard Fleet approached The Shed as he was looking for a venue where his new club could meet. When we heard the background, there was no hesitation. To put you in the picture..... way back in the day, we had a vision to create a "safe" space for those with PTSD and other issues. Having worked with military leaving the service, there was no local venue for them to gather, share war stories, compare coping strategies and seek peace of mind.



Knowing that gardening is a great resource for stress related illnesses, the original Trustees of the Shed set about creating such a space --- and five years later - here we are.

Thanks to Rich's initiative we now have a group attending our facilities on a weekly basis (Thursday evenings, 7pm) where men talk about men things and plan stuff. Hopefully when the weather improves, they will venture into the garden, help with a few BBQs, establish some social events and build on what has already become a hugely successful group. Thank you Richard for taking our vision forward and we look forward to meeting more new members over the coming weeks.

Contact Richard on 07771 906 386

Speaking of social events. We are planning our next Spring Fling, maybe April/May time when we are more likely to have nice weather. Keep an eye on our Facebook Page (The Shed) for further announcements. It's also a good place to see our story in pictures. Click on Media – Albums - Month

<https://www.facebook.com/groups/230385560716385>



BIG CIRCLE: With the better weather just around the corner, don't forget The Shed is a Community Asset and our Big Circle is available to any resident who wishes to use it for social events, ie children's birthday parties, sport activities, MCC may

be using it for cycle instruction on a Sunday afternoon if enough interest shown. We are excited to have a wedding enquiry !!

As it's a Community Asset there are no charges.

Plans are also underway for the construction of a Pétanque Court (again if enough interest is shown). There are local leagues in the area so who knows.

Now, with our lovely all-purpose toilet block, we can encourage everyone to use our facilities.

Exciting times

We meet: Tuesdays, Thursdays and Saturdays from 10am. Weather permitting

Thank you.

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WEST ROW BOWLS CLUB NEWS

The Club's Indoor season has progressed well with the Leagues, Knockout competition and Club competitions nearing their final stages. The Club will hold its Final weekend over the weekend of 6th & 7th April.

The Wednesday evening coaching sessions have seen nineteen new people trying out the sport so far and they are developing their skills at a fast rate. The Bowls Drive that follows has remained extremely popular.

As a reminder coaching is provided each Wednesday 6.00 p.m. to 7.00 p.m. Any one interested in taking up the sport of bowls is offered their first five coaching sessions free of charge. Following this, they can join as a Social/Beginner at a cost of £18.

It is planned to continue to opening the Indoor bowling green facility during the summer months for those members who do not wish to bowl outdoors.

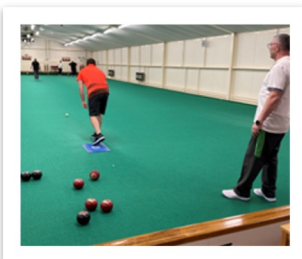
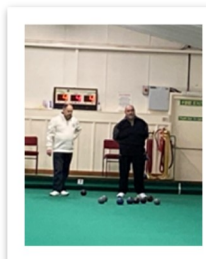
With the vast increase in 'Beginner' members, the club is eager to purchase more sets of indoor bowls in the sizes 00, 0, 1 & 2. If any resident has a set/sets of bowls that they wish to dispose of, the Club will give a fair price in exchange, providing they are suitable for playing on the indoor surface. Please make contact as detailed below if you can help in this matter.

Social membership has also increased since the opening of the extended facilities and the monthly Bingo sessions have been well attended, bringing in valuable funds for the club.

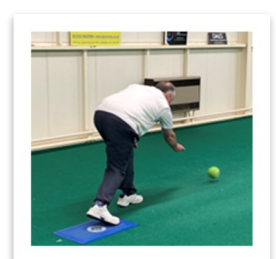
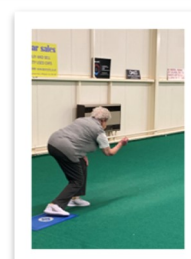
The Club has also purchased a drinks machine which dispenses a variety of hot beverages.

Over 50 members and friends enjoyed the World Bowls Club Indoor championship finals, all inclusive weekend, at Potter Leisure Resort, Norfolk in January.

As part of the ongoing work at the club, the new signage has recently been installed



Club members playing evening league games



For information regarding any aspect of the club please contact Club Coach, Peter Rolfe, tel: 07501 640328 or email:

peter.rolfe3@btopenworld.com

AROUND THE ALLOTMENTS IN MARCH AND APRIL



Spring has finally arrived and has hopefully brought with it better weather for growers (at the time of writing, storm Isha had just blown through with high winds and even more rain). The abundance of wet weather over the last few months has meant that it's been very difficult to do much on the allotments so it's going to take quite a bit of work to turn over the ground and get everything ready for the coming season.

There's a lot to do at this time of year with March being a good time to plant crops such as broad beans, peas and onion/shallot sets. Lettuces can be started in seed trays and kept undercover until ready to plant out. With the protection of a greenhouse or cloches, seeds such as celeriac, cauliflowers, French beans and early varieties of sweetcorn can be sown in trays ready to plant out in the coming months. Looking a bit later into March, depending on the weather, crops such as beetroot, turnips, swede, carrots and radishes can be set. As always, keeping on top of weeds will stop them overwhelming the crops and deterrents such as bird scarers can help to keep the ever-hungry bird population away from produce.



Lettuce Seedlings

Rhubarb can be pulled/harvested this month and made into tasty crumbles, jam and even home-made wine and gin – a recipe for rhubarb gin is available at <https://www.bbcgoodfood.com/recipes/rhubarb-gin>.



Rhubarb Gin

Chairman Alan's top tip is to add chopped up stems of rhubarb to a stainless-steel teapot, fill with boiling water, leave overnight and by morning the inside of your teapot should be sparkling clean (you may need to do this more than once depending on how stained the teapot is and it does not work with ceramic teapots).

April is a busy month which sees longer days and (hopefully) some nice warm sunshine but it's important not to forget that there is always the threat of overnight frosts so it pays to be cautious when planting out young plants or seedlings. The setting of seed potatoes should be completed by the end of April but again, if frosts are forecast, it's a good idea to protect shoots that have emerged from any early varieties already set. Covering outside plants, such as strawberries, with fleece helps to protect from birds and other pests and fleece can also be used in the greenhouse at this time of year where frosts can still affect young plants.

April is also a good time to check fruit bushes for early signs of aphids which can be treated with a soapy water spray: more information can be found at <https://realenglishfruit.co.uk/aphids> along with advice about many other pests and diseases which can affect fruit crops (<https://realenglishfruit.co.uk/fruit-tree-pests-and-diseases>).



Aphids

Lots of helpful growing advice for gardeners and allotment holders can be found through websites such as The Royal Horticultural Society, <https://www.rhs.org.uk>, and The National Allotment Society, <https://www.nsalg.org.uk/growing-advice>.

Wishing everyone a good growing season and, fingers crossed, some decent weather with far fewer weeds than we were plagued with last year!

St Peter's Church West Row



CONTACTS:

Team Vicar: Rev'd David Butcher

Tel.: 07747 816 038

Email: revdavidbutcher@gmail.com

Other priests serving at St Peter's:

Rev'd Gordon Anderson and

Rev'd Gill Anderson

Churchwardens: Beryl Austin 01638 712708 - Debbie Eaglen

Elders: Tricia Leverington - David Sennitt

From the Forest Heath Team Rector

The Vicarage Gazeley March 2024

Many people have dishwashers yet they are responsible for one of life's little disappointments. Even though they save us time we are often mildly irritated that we must unload them and then the great upset is when one of the cups or jugs isn't clean. How annoying to have to handwash!

I doubt Jesus knew anything about mechanical dishwashers in his earthly life, but he did know something about clean cups. In the Gospel of Matthew 23.25 he suggests that the Pharisees who preach and teach the Law bother about cleaning the outside of their metaphorical cups but their insides are filled with 'robbery and indulgence'. He suggests strongly that they therefore have no moral authority. My dishwasher is more likely to leave coffee grains or an item unclean because of improper loading (*surely not he says?!)* but Jesus' point is true for us all. What are our intentions? Are the 'cups of our minds' as clean as they might be? Do we have clean hearts and hands when we purport to serve others?

The pharisees relied on their institutional authority when it came to teaching – yet the itinerant preacher with no legal authority was the one the people followed and accepted. He was the one with a clean heart and honest intentions. He was the one who wanted to help the people not lay burdens on them and stress and worry over trifles.

On the 4th February* we celebrated Candlemas and so began the run of the churches year up to Lent and Holy week. One of the most powerful Bible verses suggested for Ash Wednesday is Psalm 51 v 11

*'Create a clean heart in me O God,
and renew a right Spirit within me'.*

Many Christian people pray that each day – though we all fail – but I hope that is our renewed intention this Lent.

And on a personal note

Thank you all for your support at my Induction as Team Rector of Forest Heath on the 7th February here in Gazeley Church. It was a memorable occasion – the 2 choirs Archdeacon and Bishop 'did us proud'.

Chris (Rev Canon C Childs)

Important Update

We have decided to do a light lunch of soup and bread followed by dessert on 5th March with donations towards Christian aid. Everyone will be welcome.

Due to lack of people attending the lunches we are going to stop for the time being, and hopefully pick it up again later in the year.

NUMERALL

The fun colouring numbers game!

Here are the numbers 1-99 in a mixed-up order.

Your challenge is to colour them in using the rules below.

If a number obeys two rules that are the same colour - great! Colour it that colour.

If a number obeys two rules that are different colours, colour it **BOTH** to make a new colour.

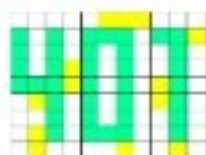
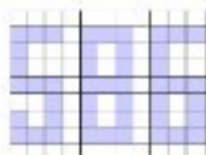
Use colouring pencils, not pens, and colour lightly.

Please feel free to look up anything you are not sure about, such as prime numbers.

58	86	50	93	74	84	4	55	77	40	66
28	24	13	62	53	38	37	88	2	61	23
43	42	6	85	79	7	11	48	30	8	41
71	60	94	51	19	14	21	70	45	49	34
12	83	35	95	26	96	29	92	97	33	10
99	52	73	98	47	46	39	76	81	1	18
54	87	25	44	17	69	36	3	90	56	22
31	63	59	82	32	72	20	64	67	27	89
68	16	5	75	9	80	65	91	15	78	57

1. Colour all the double-digit numbers where the digits add to 9 **light blue**
2. Colour all the single digit numbers more than (but not including) 2 **pink**
3. Colour all the numbers bigger than 34 with both digits that are the same as each other **pink**
4. Colour all the numbers that begin with 7 **light blue**
5. Colour all the multiple of 10 that are bigger than 39 and smaller than 79 **pink**
6. Colour all the prime numbers **light blue**

You will end up with a three-digit number in a particular colour, like these two examples:



Write down the number:.....

and the colour:.....

Your name:.....

You can either email your solutions to numerallpuzzle@gmail.com, or post this page when completed in the Bowls Club postbox. A list of those who got the puzzle right will be posted on the village noticeboard, so look out for your name!



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West Row Baptist Church



From the Pastor's Desk

evan@westrowbaptistchurch.org.uk

I love the story of the man in England who bought a Rolls Royce and decided to tour the continent in it. He caught a ferry to France and began his European adventure. While he was driving around Europe, something happened to his Rolls Royce's engine. He called the Rolls Royce head office and told them about the trouble he was having with his car. They immediately flew over a mechanic who repaired the car and flew back to England, leaving the man to continue his holiday.

As you can imagine, the fellow was wondering how much it was going to cost him. So ... when he got back to England, he wrote a letter to the company asking how much he owed them. He received a letter from their head office that read, "Dear Sir: There is no record anywhere in our files that anything ever went wrong with a Rolls Royce.

Now I don't know if this is a true story or an urban legend, but it is a wonderful illustration of what happens to a person when they become a Christian.

Nobody is born a Christian, instead people become Christians when they realise the immensity of their sin (the breaking of God's law) and how it offends Him, they honestly repent of it and they turn to Jesus Christ, acknowledging that Jesus paid the price for their sin when He died on the cross. They realise He became their substitute, that He was punished by God on their behalf, in their place.

When somebody sincerely and honestly believes this, then God, as judge, thinks of their sins as forgiven and the righteousness of Jesus belonging to them and therefore, He declares them to be righteous in His sight. He remembers their sin no more and will not bring it up, when they stand before Him with everyone who has ever lived, at the judgement throne of Christ at the end of the world. They will be welcomed into heaven, not because of the good that they have done because God demands perfection but because of the perfect goodness of the Lord Jesus.

Just as Rolls Royce intimated there was no record of anything going wrong with one of their cars, God Almighty will not hold the sin of those who have repented of it and trusted in Jesus against them.

This is such a wonderful truth, a truth every one of us should embrace and yet sadly, few do. It is a truth that revolutionizes the life of all those who sincerely believe it. They are released from the bondage of thinking they need to earn their way into heaven, and they can start living their life for God acknowledging Jesus has earned their salvation for them.

Merlin Carothers, author of the book *Prison to Praise*, has firsthand experience of what it is like to be declared righteous. During World War 2, he joined the army. Anxious to get into some action, Carothers went AWOL but was caught and sentenced to 5 years in prison. Instead of sending him to prison, the judge told him he could serve his term by staying in the army for 5 years. The judge told him if he left the army before the 5 years ended, he would have to spend the rest of his term in prison. Carothers was released from the army before the 5-year term had passed, so he returned to the prosecutor's office to find out where he would be spending the remainder of his sentence. To his surprise and delight, Carothers was told he had received a full pardon from President Truman. The prosecutor explained: "That means your record is completely clear. Just as if you had never gotten involved with the law.

I trust you too will repent of your sin, trust in Jesus to make you right with God and then revel in the enjoyment of knowing you've been declared righteous by the judge of all the earth, God Himself.

Every blessing to you and your family.

Evan

Jesus said, "I am the way, the truth and the life." John 14 v 6



BINGO NIGHT
WITH MERV

**West Row
Bowls Club**

Saturday
23rd
March
7:00-7:30PM

**GREAT PRIZES!
FUN FOR ALL!**

Licenced Bar - Raffle

for more details - Ring 01842 861618

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BINGO NIGHT
WITH MERV

**West Row
Bowls Club**

Saturday
27th
April
7:00-7:30PM

**GREAT PRIZES!
FUN FOR ALL!**

Licenced Bar - Raffle

for more details - Ring 01842 861618

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Weekly class starting
Monday 18th Mar at 7.30pm at
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For more details please contact Rob:
0797 664 5554 | rjs14@duck.com

100 Club Winner

Congratulations to this time's winner
Emma Caplin who wins £55

For Further information or to join, contact
the Sharon The Parish clerk
westrowpc@gmail.com

Thank you so much to everyone who came to the Coffee Morning for St Nicholas Hospice care. We raised an incredible £3580.73 on the day and a huge thank you to the team who helped make the morning possible.

The marathon training is going well and all together we have raised £4321!! My Auntie Lynn Morley and Grandad Ralph Heffer would be so proud of everyone's efforts and money raised for a brilliant charity.

Thank you
Ellie Ferreria (Farnell) and Family

MILDENHALL & DISTRICT MUSEUM

6 King Street, Mildenhall IP28 7EX

www.mildenhallmuseum.co.uk

YOUR MUSEUM NEEDS YOU

Do you have some spare time and interested in local history?

Mildenhall and District Museum are looking for new Trustees/Volunteers.

If you are interested and would like to know what is involved, please contact enqs@mildenhallmuseum.co.uk

We would love to hear from you.

MILDENHALL & DISTRICT MUSEUM SOCIETY TALKS

Members £2 non-members £4

Annual Membership £10.

Talks are held at the Museum 7.30 pm

Thursday 7th March Daniel Morgan – History of the Toy Theatre.

Thursday 4th April Danny Pearson – Mildenhall Workhouse – the lives of Paupers.

Thursday 2nd May – Dad's Army Museum

Refreshments available. Please come along, you will be assured a warm welcome.

The Museum will reopen after the winter break on 1st March the opening times are:

Tuesday, Wednesday, Thursday & Saturday 2:00 – 4:00 Friday 10:30 – 4:00

FREE ADMISSION – DONATIONS WELCOMED

ADVANCE NOTICE – Next year marks the 90th anniversary of the Great Mildenhall to Melbourne Air Race and the commissioning of RAF Mildenhall in October 1934.

The Museum together with the Base, local councils, library, National Gallery and Mildenhall Register are hoping to have a series of events building up to October.

We hope you will be able to enjoy some of the activities and events that are organised.

Stephanie Palmer – Chairman of Trustees – Mildenhall Museum.

STOP PRESS – DURING THE EASTER SCHOOL HOLIDAYS THE HISTORY HUB PRESENTS AN EGGSTRAVAGANZA AT THE MUSEUM FUN FOR ALL THE FAMILY PLEASE CHECK WEBSITE FOR MORE DETAILS.

Early Spring Quiz 2024

All Answers are flowers, shrubs or trees

E.g. Sounds like a fashionable animal king (9) Ans — Dandelion

1. Also known as making fun of this citrus fruit ?(12) Ans.....
2. A prudish flower ?(8) Ans.....
3. Could be a prickly wine? (9) Ans.....
4. She is often found growing on wasteland? (7) Ans.....
5. A slightly mixed up queen with an extra vowel? (8) Ans.....
6. Chris of Star Trek fame? (4) Ans.....
7. The alternative name for a sea crustacean with blooms before it? (5)
 Ans.....
8. Can be found in a formal archdeacon? (5) Ans.....
9. A koala's habitat is amongst them?(10) Ans.....
10. The late English queen was often said to be like this? (4, 6)
 Ans.....
11. Sounds as if you could smoke this alternative growth? (9)
 Ans.....
12. Could be Veronica? (4) Ans.....
13. Sounds like a union with AU? (8) Ans.....
14. Associated with Hunter, Buddy and Willoughby? (5) Ans.....
15. An alternative to an oriental syrup? (4) Ans.....
16. Could be a silent lower backpain? (8) Ans.....
17. The supporting part of a rifle? (5) Ans.....
18. Another name for a Kentish city's ringer? (9) Ans.....
19. Could be a red navel? (8) Ans.....
20. Also known as a North American, Fruit, Flower? (7) Ans.....

NAME OF ENTRANT.....

ADDRESS.....

Contact telephone number.....

**N.B. PLEASE POST YOUR ENTRY IN THE BOWLS CLUB SILVER LETTER BOX
SITUATED ON THE FENCE BY THE 30TH MARCH 2024**

THERE IS ALWAYS A PRIZE AWARDED TO THE WINNER.

VILLAGE POPPY PROJECT



Several volunteers are busy knitting/crochet poppies for our Remembrance Commemoration "Waterfall" in November.

Patterns and Wool available.

If anybody wishes to join the project, please contact Roz Hamill

rosalind_hamill@yahoo.co.uk

or

Join the Knit and Natter Group on a Thursday 2 to 3 p.m. at the Indoor Bowls Club.



Some of the poppies already knitted by the volunteers



The Knit and Natter group working hard!

We are also in need of camouflage netting if you can help with that.

Please contact Roz Hamill (see Above)

